

YOU'RE INVITED



PLEASE SIGN AND SEND WITH YOUR CHILD TO THE GYM

By the very nature, gymnastics carries a risk of physical injury. No matter how careful the gymnast and coach are, no matter how many spotters are used, no matter what height is used or what landing surface exists, the risk cannot be eliminated. It can, however be reduced. The risk of injury includes minor injuries such as bruises, and more serious injuries such as broken bones, dislocations, and muscles pulls. Although it is very unlikely, the risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on back, neck or head.

BASIC FIRST AID will be administered for all minor injuries. Parents, paramedics, and ambulance, or doctors may be called when necessary. It is agreed that I, my spouse, child(ren), my heir(s), and executors, forever waive and release any and all claims for damages that I, my spouse, child(ren), my heirs may have at any time against the OGC representatives, whether paid or volunteer, for injuries or damages in connection with the instructional programs or other activities related to the Olympic Gymnastics Center. The risk involved with such activity are fully understood.

Child's Name:

DOB

Full address

Emergency phone number

Parent/Guardian Signature

Date of Signature

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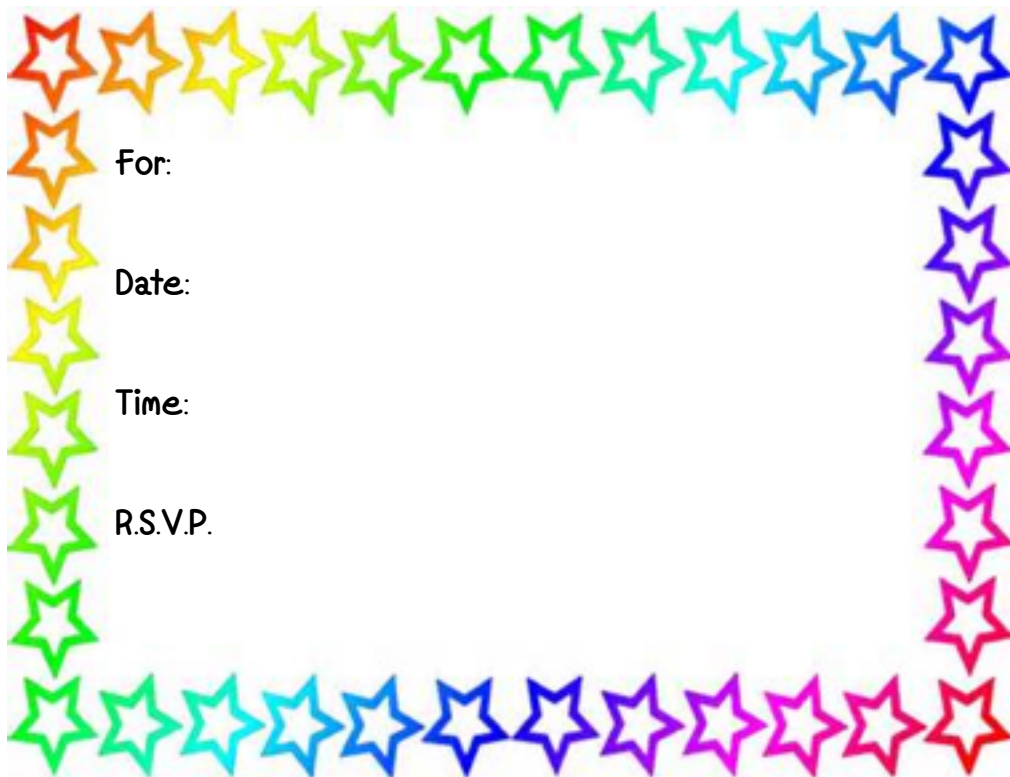
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Children should be dressed for active play. They may wear leotards, warm-ups, or comfortable shorts and t-shirts. Please do not wear jeans, dresses or any clothing with buttons, zippers, or snaps. Please have long hair pulled back and remove all jewelry.

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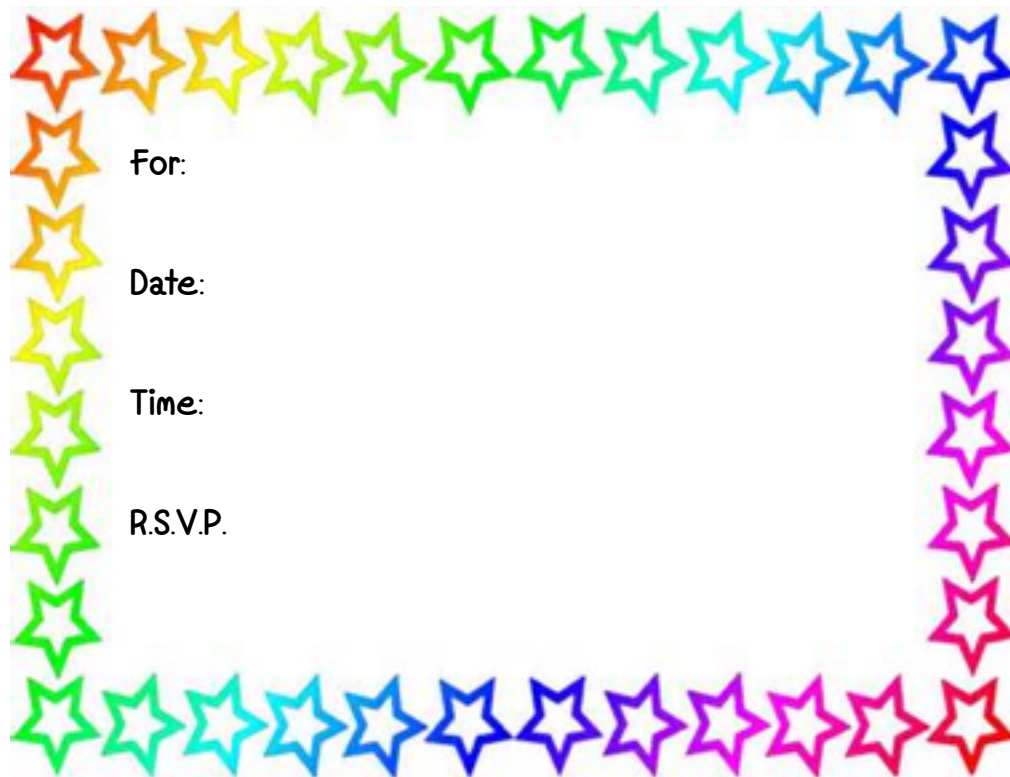


For:

Date:

Time:

R.S.V.P.



For:

Date:

Time:

R.S.V.P.